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## Beginners guide to backpacking south america

Panoramic views of Colorado can be found almost anywhere in the state, from the Denver Highway to the grocery parking lot. But some will argue that the true Rocky Mountain experience is hidden in hard-to-reach spots among the peaks. Colorado State Park Ranger Amy Hoppy said if it was the nature of serenity you sought, a backpack was the way to go. It's worth trying hoppers, there's something about being away from everyone out there with your equipment and nature. But visiting the state's least explored websites can be complicated, challenging and intimidating for novices. If you can figure out where to go, There are thousands of routes in Colorado to choose from, with a wide range of lengths, rankings, difficulties, advantages and challenges. Set yourself to success in the backcountry of Colorado with these backpacker tips for beginners. Proper gear is needed to start with a pack. Talk to an expert at REI or your local outdoor shop for tips on finding a stylish and fit pack. Try several brands and styles before making an investment. But you don't have to give up your fortune to get things right. After comparing the packs in the store, buy used kits from one of the state's many outdoor enthusiasts who want to unload their equipment. You can find used hiking equipment in sports stores, consignments in online marketplaces (such as Craigslist or Facebook marketplaces), or even selling new ones isn't always better. Comfort is key no matter the age used or the affordable pack. Sometimes the used pack can be better put because it is destroyed. Make sure it is in good condition, has a working strap and no holes. Your backpack is your first defensive line, so you want it to fit and comfortable. Hoppers, brand age and price of packs are not important. Just make sure you find a good pack for you. In addition to the backpack, consider the size and weight of large items such as sleeping pads and sleeping bags to increase the available storage space and lighten the load. Even with the newest lightweight device, the overloaded pack can distract from your backpack experience. Plan to wear the same clothes for a few days. Cut back on unnecessary clothes to make room for essentials such as rainproof equipment to combat the afternoon shower and dress in layers to keep you warm when the temperature drops at higher altitudes. If you are climbing at altitude, pack water and snacks filled with electrolytes to combat altitude sickness. There are reasons about what you bring, but do not forget to leave the room for treatment. Beer cans, candy bars or decks don't take up much space and give a great reward when you stop for the night. Colorado is full of surprises, ranging from beautiful views to unexpected weather. Limit unwanted surprises and build confidence before your next backpack trip with one or two tests. Practice hiking with your flock. One-day trekking is How to get your feet under you, test your equipment and get comfortable before you're too deep in the wilderness to back out. Deer Creek Canyon in Jefferson County is a 2.7-mile easy hike for your two-hour trek. Take your time Spend the day adjusting your packs and gears to find the most comfortable fit. Do not turn back at the first signs of bad weather. Throw your rain equipment or some extra layers and keep trudging along. Of course, it's wise, especially if you're hiking at a higher altitude, where lightning can be dangerous. Colorado's extensive route system offers endless destinations from beginner to expert routes. State national parks and national parks are great places to start your backpack adventure, where rangers give in-depth advice on the difficulties of trails, water sources and campsites that can help you determine the best route. Take a walk about 14 miles northwest of Golden Gate Canyon State Park, a simple, moderate and difficult route throughout the park leading to a designated campsite that must be booked and paid at the visitor center in advance. The Horseshoe trail takes a moderate 1.8-mile climber to a backcountry shelter large enough to fit in a backpack tent, which provides three-sided protection from unexpected weather conditions. There are several routes near Bailey, about 45 miles (45 miles) southwest of Denver. There are fewer routes with free camping and spread along the way. Backpacks are for everyone, Hoppy said, don't let the conquest of other outdoor enthusiasts hinder you. Whether you choose a pack or a place for your trip, focus on what works for you. Bring an experienced friend to the support that can help guide you through the bumps along the way, Hoppers recommends, and don't forget to take it all in. That's the best part. From the high peaks of the Andes all the way to Brazil's beaches, South America is full of natural beauty. Whether you like speed and danger or enjoy more slow and endurance adventures like long distance hiking, there is something for everyone to shoot your adventure spirit. 01 of 25 often compared to Machu Picchu, La Ciudad Perdida, as it is known as a three to four-day hike through the forest to the site in the Sierra Nevada mountains. Dating from about six centuries earlier than Machu Picchu, there are many platforms that have been cleared around the peaks and 1,200 stone steps, the last of which you have to climb to reach the site is a real challenge Olga Gavrilova. In Lima and they provide a launch point for daily paragliding. You can fly a tandem with one of the local instructors for an amazing adrenaline rush, and while you're soaring through the air, you'll have an unforgettable view of the Peruvian capital. 03 of 25 A 35 miles of road perched on the edge of this unhedge cliff, once the main route between La Paz and Chulumani, while a new road was built to take most of the mountain biking traffic on this road as an exciting adventure. Now it's safer because there's now less traffic on the road, but you still want to test your brakes before you start 04 of 25 Julian Finney/Getty Images The Argentine capital is one of Tango's dance sites, and both in nightclubs and in public squares, you'll see people practising and dancing this passionate. Learn with experts and dare to try your steps in a local dance club. Continue to 5 out of 25 below 05 of OJARAMILLO/Getty Images This part of Colombia has wonderful beaches and San Andres in particular, with nice winds blowing from the ocean, these winds make it hot for windsurfing and kitesurfing, especially if you don't know how to kitesurf, this is a great place to learn! Of the 25 Silvestre Garcia-Intuitivo/Films/Getty Images, with a number of dangerous wildlife species such as crocodiles and piranha, the Amazon is the ultimate adventure. Taking a boat ride from Colombia to the Brazilian city of Manaus is a chance to see the world's most spectacular rainforest, and the largest of the 25 just outside the town of San Pedro de Atacama. Kind of like snowboarding, snowboarding is all you need to try when visiting the desert. 25 Danita Delimoni/Getty Images In Guyana has a river flowing into the ocean full of marine life. In Rupununi you can catch large and small fish that can be a real challenge in pulling. Continue to 9 out of 25 below 09 of 25 Nigel Pavitt /John Warburton-Lee Photography Ltd/Getty Images At the southern end of the torres del Paine mountain country is beautiful, with its steep hills and rugged peaks, walking up the W Trail, where you can see mountains from many angles, 10 out of 25 by Marc Guitard /Getty Images A, a hub for sporting adventures in South America. There are many rivers where you can experience tiers III and IV prongs in the wonderful natural environment. 11 of 25 Michael DeFreitas/robertharding/Getty Images This beautiful coastal city is one of the most popular surfing destinations in Peru. With great beaches and great waves, you can surf all day before heading to the city for an all-night party, 12 of 25 Rafael Fernando /Getty Images, just 100 miles south of Rio, this lush coastline reveals a remote but beautiful beach. It is also possible to see great wildlife and also enjoy a multi-day trip in Saco do Mamangua, the only tropical fjord in the country. Continuing to 13 of 25 below 13 of 25 Humberto Ramirez/Getty Images The clear blue waters around this archipelago make it an ideal place to enjoy natural wildlife. Diving or snorkeling trips are just a thing to see the beautiful underwater world of Venezuela. There are beautiful coral reefs and beautiful marine life, including 14 of the 25 Christian Declercq/Getty Images. If you choose to climb, you will enjoy a unique entrance and vantage point upon arrival at Machu Picchu. The route takes four days to complete, but you'll enjoy the spectacular Andaman scenery as you hike simultaneously, 15 of the 25 Agenturfotograf/Getty Images These beautiful forests cover an area around Iguazu Falls, the most powerful waterfall in South America located on the border of Argentina, Brazil and Paraguay. Take a trip through the woods from Ciudad del Este to experience a wonderful hike through the roof and may see some wildlife, 16 out of 25 picturegarden/Getty Images The tradition of ranching and cattle care is strong in Argentina, and there are many ranches in patagonia region where you can learn the work of gaucho. Proceed to 17 of the bottom 25 of 25 piranha is famous for its sharp teeth that can tear through the flesh in the blink of an eye, so don't be distracted by the scenery on these fishing trips. There are so many other fish to catch in this lovely place as well! From 25 olegmj/Getty Images, from abseiling into the valley to climbing across the rocks and wading through the hustle waterfalls, this exciting experience is a wonderful adventure. The best way to get started is to register with a canyon tour provider that will be able to guide you and show the ropes of the Canyon in Venezuela, 19 of 25 Photogilio/Getty Images, a short drive from cuenca. Here you will find wonderful cliffs for rock climbing, with trails for novices and experienced climbers alike. 20 of the 25 diegograndi/Getty Images has a beautiful island in the Chiloe Islands, and while the main island has the busiest waters, try visiting less inhabited areas. The kayak can only be seen and admired by the water. Continue to 21 from 25 below 21 of 25 winter in this part of Patagonia, you may be lucky enough to join a group of dogs who run through the snow with pleasure and abandonment. In Moquehue, where traditional Scandinavian activity of dog sleds is preserved, dogs are kept. Samoyed provides a wonderful experience as you are pulled through 22 of the 25 Luman/Getty Images Rio Carnival. In the drawing world, more than 2 million people every year, however, to get more flavor for the event, arrive ahead of time and take a few classes. This way you can strike your movements with everyone partying and dancing on 23rd Street from 25 Julin Aude Santacruz/500px/Getty Images In Chile, the waters of the Pacific Ocean may be cool, but they are also home to wonderful wildlife. Cruising out into the ocean around the area often reveals beautiful whales and dolphins living around it. This section of coast 24 of 25 Garay Matas/EyeEm/Getty Images This winter town is almost like a Swiss Christmas card. You can enjoy it well while snowboarding on the hill, followed by traditionally prepared chocolate. Continue to 25 of the bottom 25 of 25 Marco Simoni/robertharding/Getty Images This beautiful archipelago has lovely beaches and crystal clear waters suitable for snorkelling. Here you can often see all kinds of natural marine life in the shallow waters around the island. Islands